class schedule
Lewis Center

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 am Krav Maga 1 **11:00 am** Krav Maga 2 **5:45 pm** WOD **6:45 pm** WOD	**Like morning classes?** Check out our Gahanna schedule on Tuesdays and Thursdays! **5:45 pm** Krav Maga 3 **6:45 pm** Krav Maga 1 **7:45 pm** Krav Maga 2	**9:30 am** Krav Maga intro (appointment required) **10:00 am** Krav Maga 1 **5:00 pm** Kids' Fitness **5:45 pm** WOD **6:45 pm** WOD	**Like morning classes?** Check out our Gahanna schedule on Tuesdays and Thursdays! **6:15 pm** Krav Maga intro (appointment required) **6:45 pm** Krav Maga 1		**8:30 am** WOD **9:30 am** WOD **10:15 am** Krav Maga intro (appointment required) **10:45 am** Krav Maga 1 1st Saturday of each month FREE Women's self defense seminar, 11:45 am

effective March 2017

www.ohiokravmaga.com
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